Activity Descriptions & Discussion Prompts

In this module, you will write four posts for the class online discussion forum in Canvas and engage in one small-group discussion via Zoom. Initial posts should be a minimum of 250 words and reflect your personal thoughts, responses, opinions, and questions regarding each topic. There are no wrong answers. The discussion forum is a place to share your ideas as you learn more about the transportation profession and to provide feedback to your peers. Posts are not to be shared publicly outside the course's discussion forum. Please ensure your posts are professional and positive. For each prompt, please respond to at least two peers with a minimum of 100 words.

Below is a summary of the discussion prompts for each activity.

| Activity | Description & Discussion Prompt |
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| 1) Introduction | After completing your Transportation Career pre-survey, watch the 5-minute video "Your Future in Transportation," produced by the Transportation Research Board (TRB). https://www.youtube.com/watch?v=YkT4UZL-tpo |
| | Write a post where you introduce yourself. In the first part of your post, you may include what your major is (if you have declared it), what your interests are, what brought you to this class, or other details you would like to share. |
| | The second part of your post will be a response to the video. What did you think about transportation prior to the video? What did you find most interesting in the video? Were there aspects of the transportation field that you did not know about or had not thought about previously? What aspects of transportation are you interested in learning more about? |
| | Please respond to two of your peers' posts (minimum of 100 words each). |
| 2) Self-Assessment | For this activity, you will complete self-assessments and watch a video about a growth mindset. |
| | UF COMP career and educational planning tool: <u>CHOMP - career.ufl.edu</u> Growth Mindset Quiz: |
| | https://olod.arizona.edu/sites/default/files/Mindset%20Quiz.pdf Watch "Pathway Transformation Initiative – Growth Mindset," a 4-min video developed by Fullerton College: https://youtu.be/d0jEF66xSBA |
| | After completing the self-assessments, write a post reflecting on what you have learned about yourself so far. How do you feel about the |

results of your surveys? Are there areas that you would like to learn about more or develop further? Are there areas that you would like to adjust? How do you think these self-assessments relate to your future career? How do these assessments help you consider your major? Or extracurricular activities? Please respond to two of your peers' posts (minimum of 100 words each). Are there growth opportunities or careers that you feel your peers might be interested in? What can you learn from each other? In this activity, you will learn about three transportation careers through videos of professionals talking about their job. Based on these videos (and any additional resources you may find such as job descriptions), complete three Career Profiles using the provided template. Videos of Transportation Professionals from Fast Forward Career Profile Template (complete 3) Save these provides as PDFs and PNGs for sharing with your classmates 3) Career Profiles on the online discussion forum. Write a personal reflection where you share what you thought of the three careers you profiled. What aspects did you find interesting? Were there aspects of the job that were surprising? What did you think of the qualifications required for the job? Are these careers you personally would be interested in? Please respond to at least two of your peers by reading their career profiles and writing a reflection about at least one of the careers. Try to find at least one or two careers that you are personally interested in learning more about. After learning about a number of different types of transportation careers, select one that you are personally interested in learning more about. You will research where these professionals are employed and reach out to a professional for an interview. Using the Interview Protocol as a guide, you will engage in a conversation with the professional about their job, their personal career path, what led them to this job, and how they feel their profession impacts the community/world. Interviews should be conducted via Zoom, telephone, 4) Professional or in-person. Email correspondences are discouraged as they do not Interview & Profile allow for a rich conversation. Using the interview responses, develop a Professional Profile using the provided template. **Interview Protocol Professional Profile Template** Save your Professional Profile as a PDF and PNG and post on the online discussion forum. Provide a reflection on the process of talking with the

professional and what you learned. Describe what you think of the

| | profession now and if your thoughts have changed as a result of the interview. |
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| | Read at least two of your peers' Professional Profiles and write a response to their reflection. Are there professions your peers learned about that interest you? |
| 5) Career Sharing Activity & Reflection | The final activity of the module is to engage in a small group discussion with two of your peers via Zoom. In this culminating activity, you will reflect on all of the activities you have engaged in and share how your ideas around transportation careers have evolved, what careers you have found that align with your interests, and how you would like to build on what you learned after this module. In particular, are there classes, internships, or jobs you would like to pursue? After listening to the two other group members' reflections, engage in a |
| | supportive dialogue. Encourage each other by providing feedback, ideas, and resources that may help your peer in the future. |
| | Following the small group dialogue, write a personal reflection on how this module has changed your perspectives on yourself and careers in transportation. What steps do you personally want to take after completing this module? What lessons learned or ideas will you take with you? |
| | After submitting your personal reflection to the instructor, complete the class post-survey. |