

Southeastern Transportation Research, Innovation, Development and Education Center



Multidisciplinary Methods & Metrics

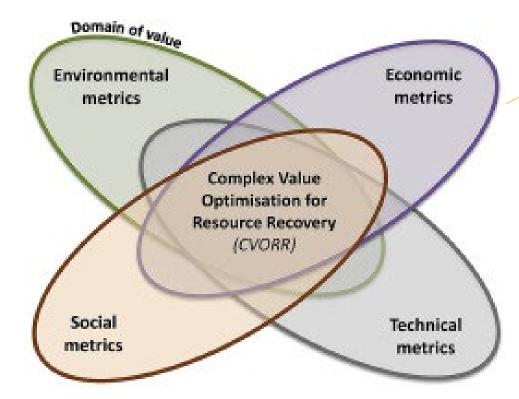


CIVL 642 Public Health, Physical Activity, and Design of the Built Environment

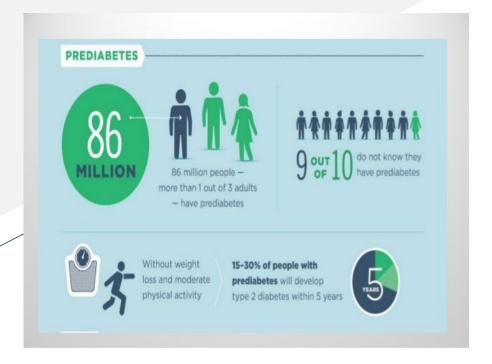
Food Nutrient Adequacy Waste & Loss Reduction Nutrient Density Score Population Share with Adequate Nutrients Ecosystem Status Pre-Consumer GHG Emissions Non-Staple Energy Net Freshmoter PostConsumer toolloss Shannon Diversity too waste MFA Diversity Energy Use landuse Food Affordability & Availability Availability Score Foodborne Disease Burden Affordability Equality Poverty Index GFSI Food Safety Score GFSI Food Food Safety 20 Income Gender Equity ND-GAIN Country Index Child Labor Food Production Community Rights Animal Health & Welfare Diversity Sociocultural Wellbeing Resilience

Multidisciplinary methods & metrics

- 1. Built environment, physical activity, obesity research literature
- 2. Healthy People 2020
- 3. Measuring Policy & Environmental Change in Obesity Prevention









U.S. Department of Health and Human Services
Office of Disease Prevention and Health Promotion
https://www.healthypeople.gov/



Healthy People 2020 Topic Areas

- Access to Health Services
- Arthritis, Osteoporosis, and Chronic Back Conditions
- Cancer
- Chronic Kidney Disease
- Diabetes
- Disability and Health
- Educational and Community-Based Programs
- Environmental Health
- Family Planning
- Food Safety
- Nutrition and Weight Status
- Occupational Safety and Health
- Oral Health
- Physical Activity
- Public Health Infrastructure
- HIV

- Immunization and Infectious Diseases
- Injury and Violence Prevention
- Maternal, Infant, and Child Health
- Medical Product Safety
- Mental Health and Mental Disorders
- Health Communication and Health Information Technology
- Hearing and Other Sensory or Communication Disorders
- Heart Disease and Stroke
- Respiratory Diseases
- Sexually Transmitted Diseases
- Substance Abuse
- Tobacco Use
- Vision

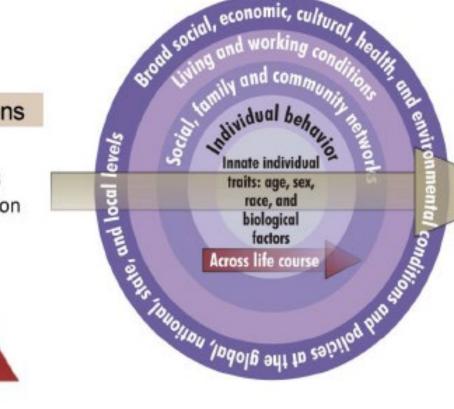


Action Model to Achieve Healthy People 2020 Overarching Goals

Determinants of Health

Interventions

- Policies
- Programs
- Information



Outcomes

- · Behavioral outcomes
- Specific risk factors,
 diseases, and conditions
- Injuries
- Well-being and healthrelated Quality of Life
- Health equity

Assessment, Monitoring, Evaluation & Dissemination

Policy, Systems, and Environmental Approaches for Obesity Prevention: A Framework to Inform Local and State Action

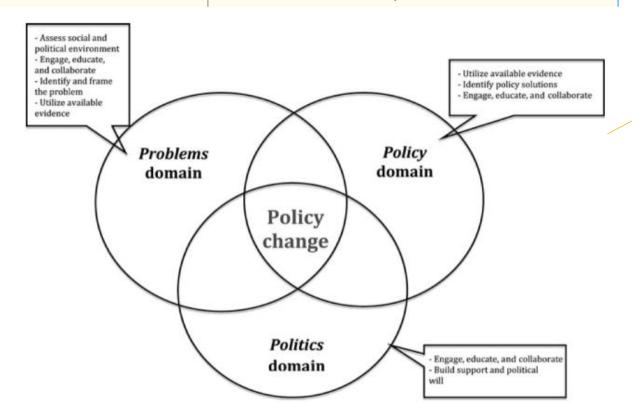
J Public Health Manag Pract. Author manuscript; available in PMC 2016 Jul 13. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4943076/

Build support and political will.
Encouraging advocates,
policymakers, and the general public
to support proposed policies

Educate stakeholders about the problems and possible solutions; support

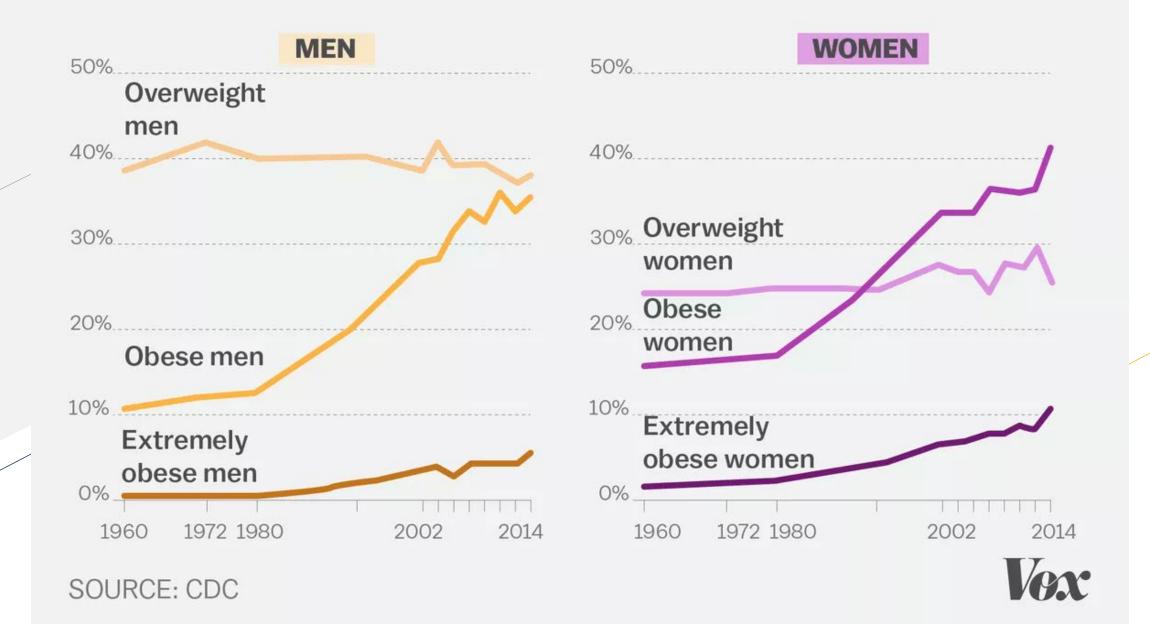
- •Leadership for Healthy Communities
- •Advocacy in Action: a toolkit for Public Health Professionals
- Childhood obesity: The new tobacco



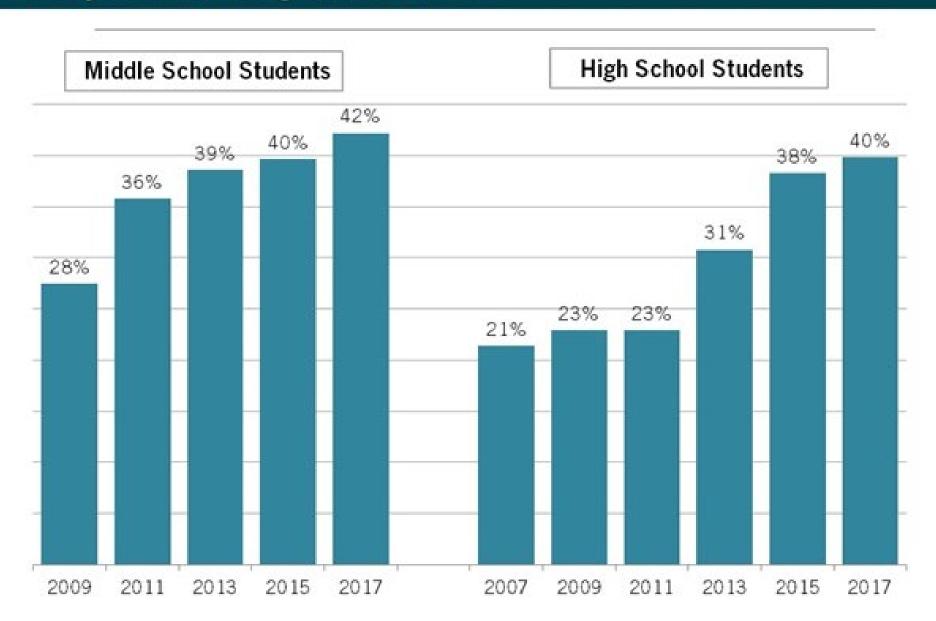




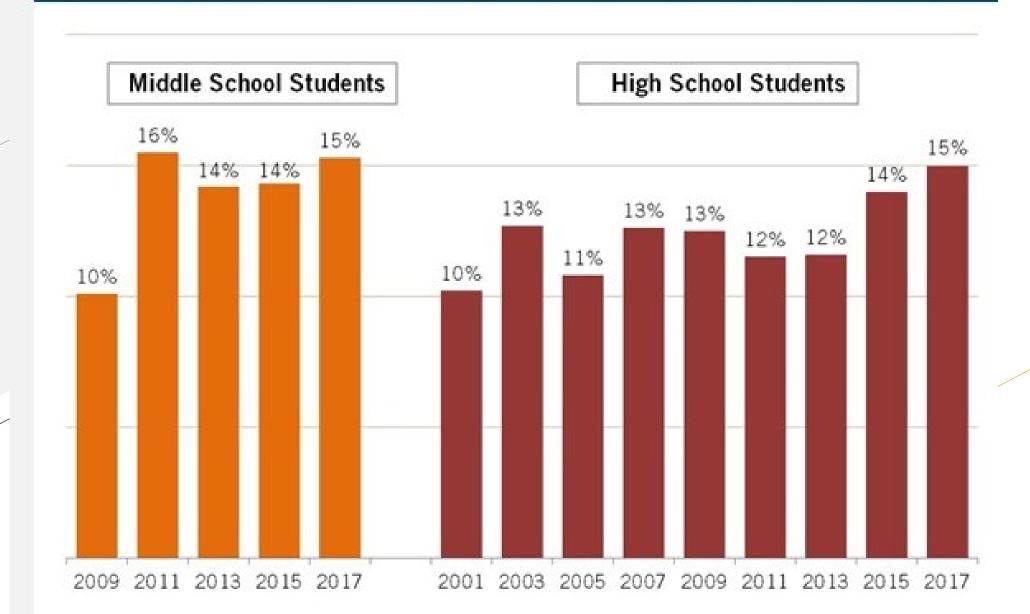
The stunning rise of obesity in America

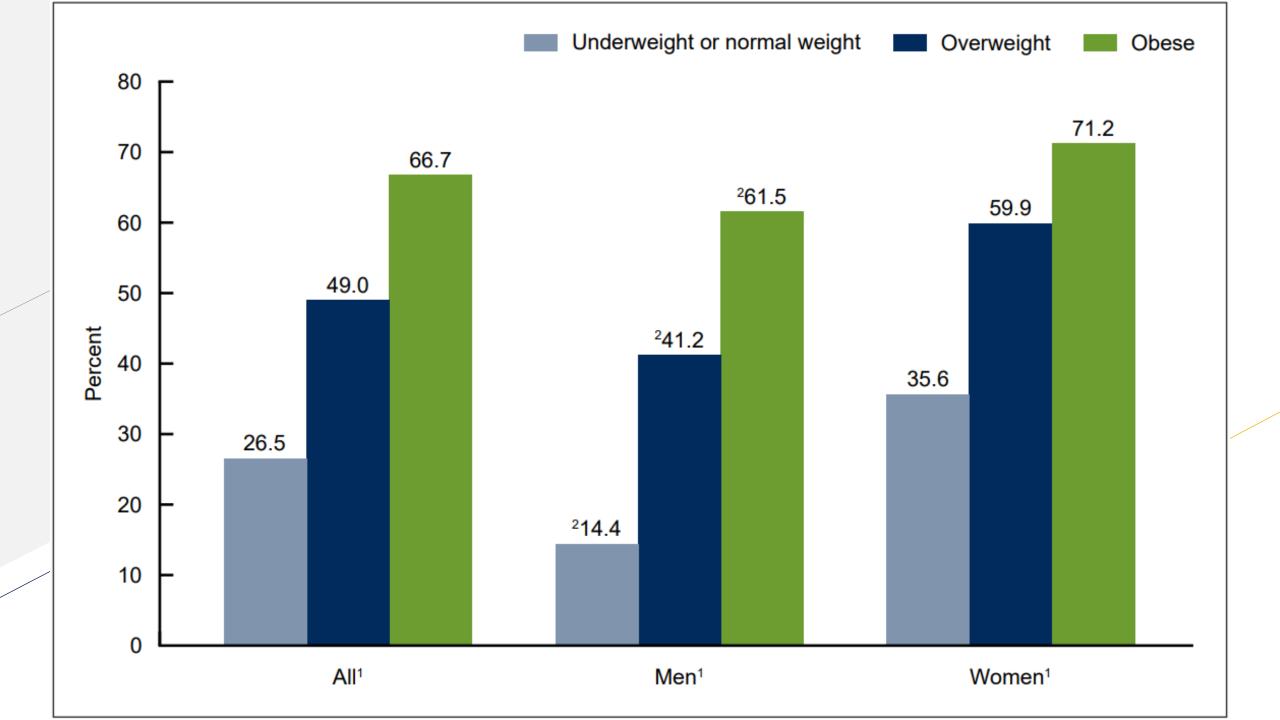


Middle & High School Students with 3+ hrs of Screen Time Per day not including School Work

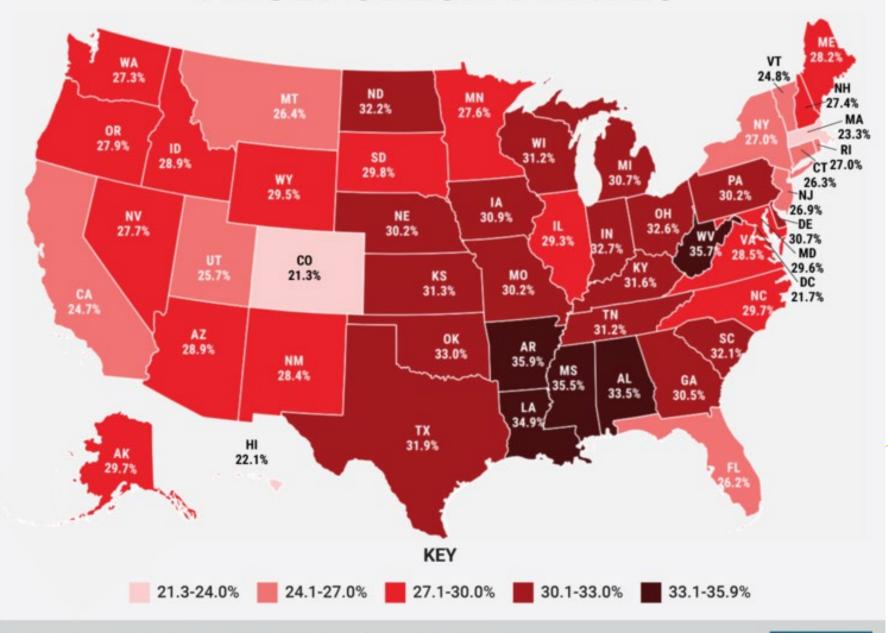


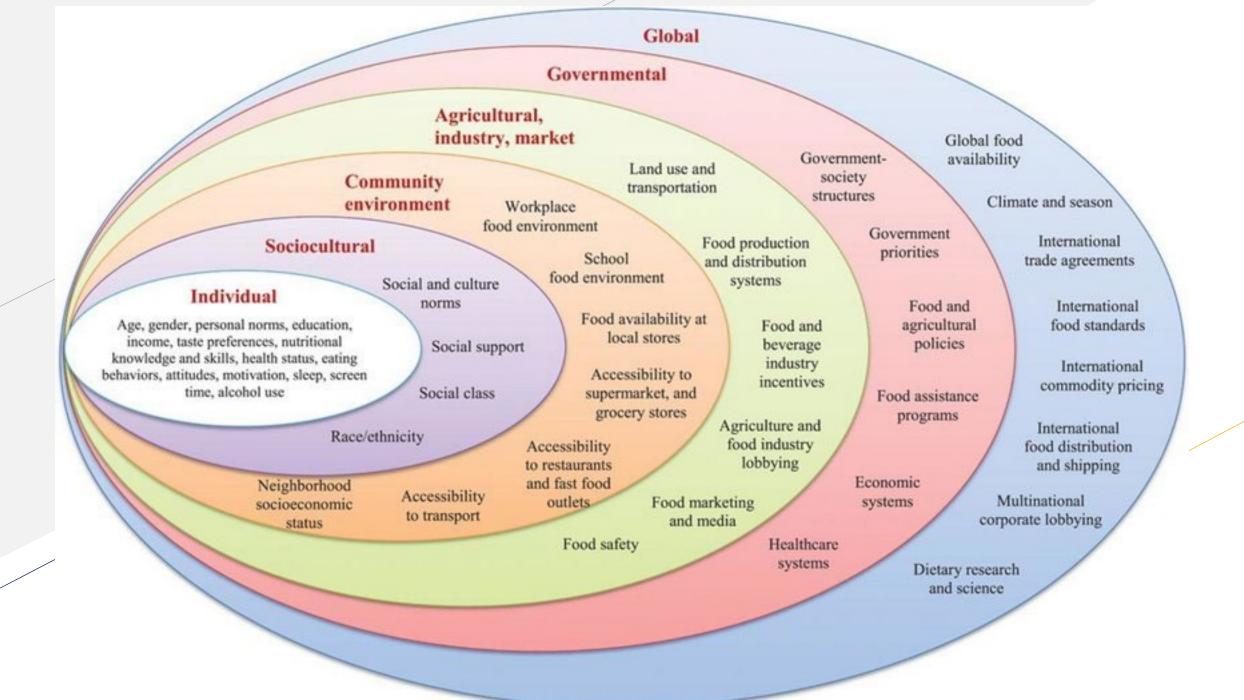
Percent of Youth with Obesity Maine Integrated Youth Health Survey

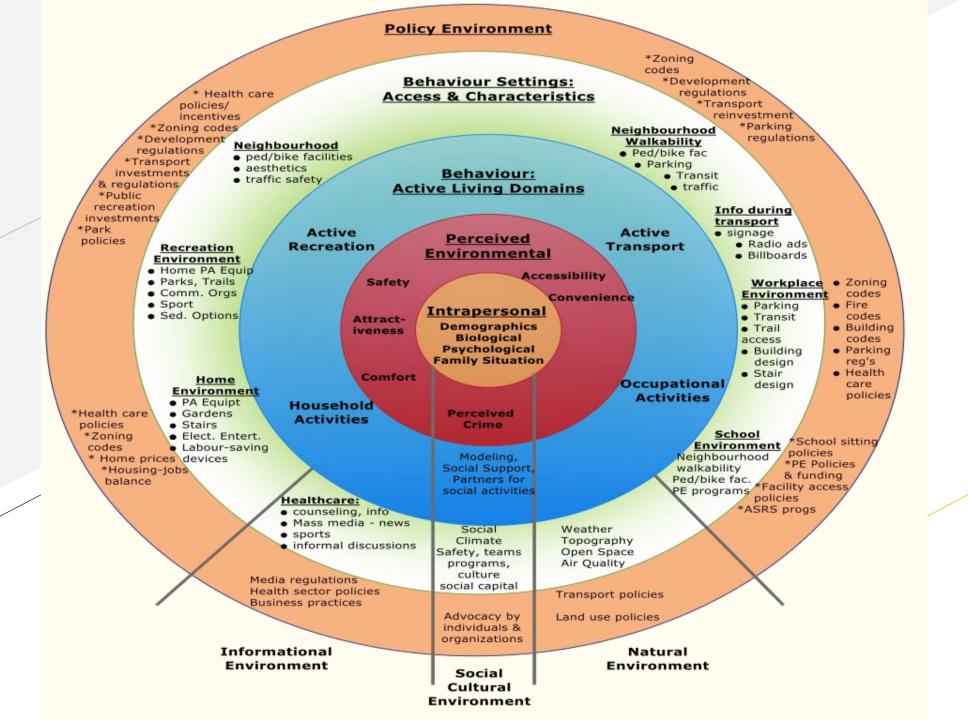




ADULT OBESITY RATES







Inputs

- Data on obesity
- Data on dietary intake
- Other state policies

Local activity

- School gardens
- Farmers marketing to schools

Stakeholders

- US Dept. of Agriculture
- US Dept. of Education
- Farmers Association
- Ecological advocacy organization
- Public health
- Parent/teacher association
- Students
- Legislators

Activities

Formulation

- Create a coalition
- Recruit legislators
- Generate press releases
- Testify to legislature
- Organize grassroots
- Collect endorsements
- Write policy briefs

Enact

Implement

Maintain

Outputs

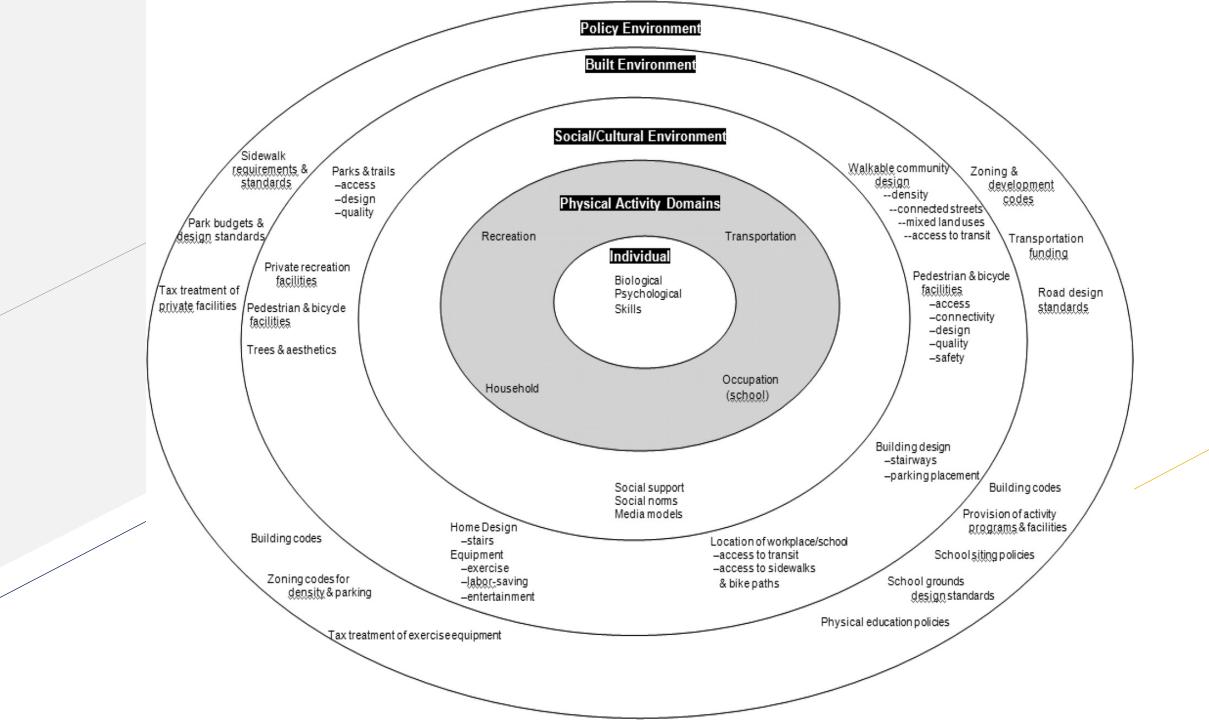
- No. of partners engaged in advocacy
- Media coverage
- Public awareness
- · Public support
- Policymaker support
- Policy drafted

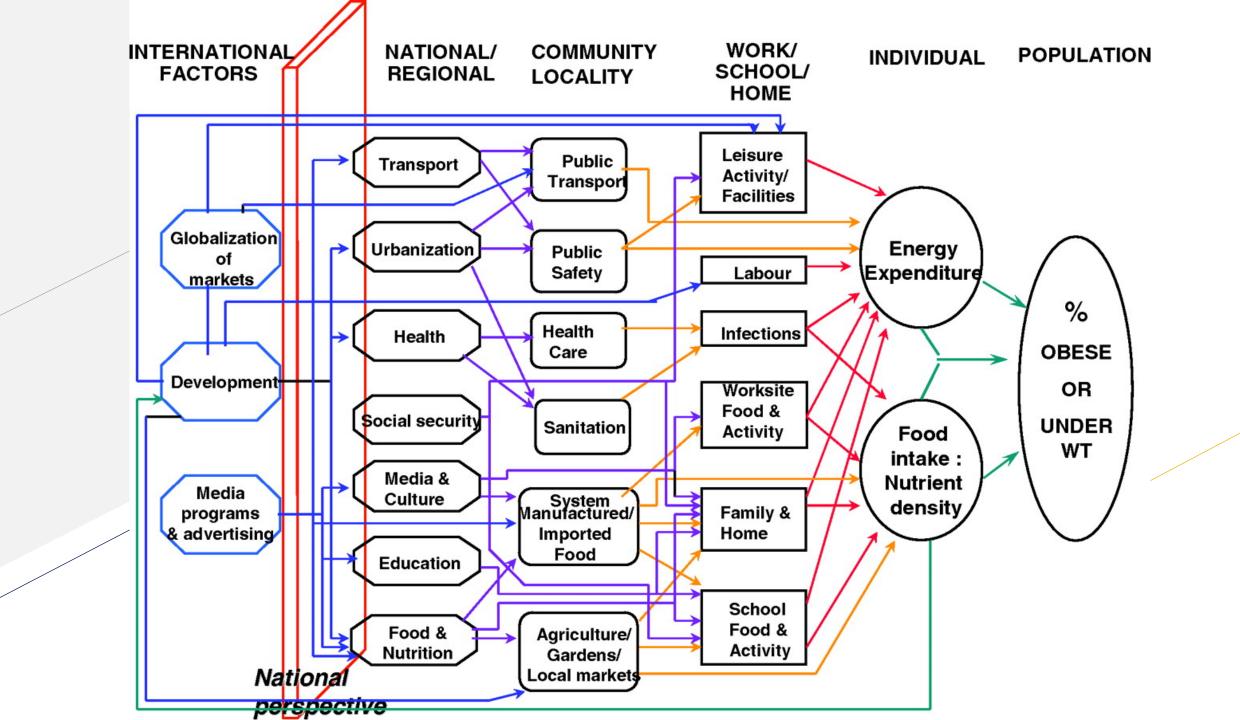
Outcomes

Short Term Intermediate Long Term

Access to healthier foods Intake of healthier foods Equitably distributed improvements in body mass index

- · Policy enacted
- · No. of participating schools
- · No. of participating farmers
- Cost to schools
- . No. of schools with gardens
- . No. of children reached





STRIDE Southeastern Transportation Research, Innovation, Development and Education Center



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Thank You.

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